



Ultimate Champion's Tae Kwon Do Schedule

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TIME DAY	MONDAY (Goal Setting)	TUESDAY (Discipline)	WEDNESDAY (Respect)	THURSDAY (Self Control)	FRIDAY (Achievement)	SATURDAY (Cooperation)
4:00-5:00 p.m.	T.A.S.M.A	T.A.S.M.A	T.A.S.M.A	T.A.S.M.A	4:00-4:30 T.A.S.M.A GAMES	10:00-10:45 TEEN & ADULTS
5:00-5:45 p.m.	WHITE TO ORANGE	GREEN TO BROWN	WHITE TO ORANGE	GREEN TO BROWN	4:30-5:15 WHITE TO ORANGE	10:45-11:30 CHILDREN BREAKING
5:45-6:30 p.m.	GREEN TO POOM	WHITE TO ORANGE	GREEN TO POOM	WHITE TO ORANGE	B.B.C. WEAPONS 5:15 – 5:30	11:30-12:00 B.B.C Weapons
6:30-7:15 p.m.	ALL BELT CLASS	POOM TO BLACK	BLACK BELT CLASS	POOM TO BLACK	B.B.C. SPARRING 5:30 – 6:15	12:00-12:45 B.B.C. Sparring
7:15 – 8:00 p.m.	BLACK BELT CLASS	FAMILY CLASS	TEEN & ADULT CLASS	FAMILY CLASS	6:15 – 7:00 TC TEAM CHAMPIONS	12:45-1:15 Leadership/Demo Class
8:00-8:45 p.m.		TEEN & ADULT CLASS		TEEN & ADULT CLASS	7:15 -8:15 STAFF CLASS Location will vary)	Book your birthday parties for 2010! Dates are filling up fast so reserve your date today!
<p>T.A.S.M.A. – After school martial arts program class times extended! Enjoy the awesome benefit of a T.A.S.M.A class!</p> <p>T.C. – Get ready to train, TC class extended to 1 full hour! 2010 tC form team will be created for sport form! tC members will also be allowed to train in Bayside with permission of Master. tC members will have a chance to practice with world champions and national champions!</p>						

This schedule was made for students best interest! Our masters and instructors want to teach our students better! This new schedule allows us to focus on every student in our school individually.