



# Ultimate Champion's Tae Kwon Do Schedule-BELLMORE

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MONDAY (Goal Setting)	TUESDAY (Discipline)	WEDNESDAY (Respect)	THURSDAY (Self Control)	FRIDAY (Achievement)	SATURDAY (Cooperation)
PURPLE TO BODAN KIDS 3:45-4:30 p.m.	 3:45-4:30 p.m.	PURPLE TO BODAN KIDS 3:45-4:30 p.m.	 3:45-4:30 p.m.	 3:45-4:30 p.m.	ALL BELT TEEN/ADULT -BREAKING 10:15-11:00 a.m.
WHITE TO ORANGE KIDS 4:30-5:15 p.m.	GREEN TO BLUE TIP KIDS 4:30-5:15 p.m.	WHITE TO ORANGE KIDS 4:30-5:15 p.m.	GREEN TO BLUE TIP KIDS 4:30-5:15 p.m.	BEGINNER/INTER. KIDS 4:30-5:15 p.m.	BEG/INT KIDS BREAKING 11:00-11:45 a.m.
GREEN TO BLUE TIP KIDS 5:15-6:00 p.m.	WHITE TO ORANGE KIDS 5:15-6:00 p.m.	GREEN TO BLUE TIP KIDS 5:15-6:00 p.m.	WHITE TO ORANGE KIDS 5:15-6:00 p.m.	PURPLE TO BODAN KIDS 5:15-6:00 p.m.	ADVANCED KID BREAKING 11:45-12:30 p.m.
PURPLE TO BODAN KIDS 6:00-6:45 p.m.	<b>BLACK BELT CLASS</b> 6:00-6:45 P.M.	<b>ALL BELT JUNIORS</b> 6:00-6:45 p.m.	FAMILY CLASS 6:00-6:45 P.M.	<b>B.B.C. KIDS</b> 6:00-6:45 p.m.	<b>B.B.C. ALL AGES</b> 12:30-1:15 p.m.
<b>ALL BELT JUNIORS</b> 6:45-7:30 p.m.	FAMILY CLASS 6:45-7:30 P.M.	<b>B.B.C. TEEN/ADULT</b> 6:45-7:30 p.m.	<b>B.B.C. JUNIORS/TEENS</b> 6:45-7:30 p.m.	<b>ALL BELT JRS/TEEN</b> <b>BREAKING</b> 6:45-7:30 p.m.	
ALL BELT TEEN/ADULT 7:30-8:15 p.m.	ALL BELT TEEN/ADULT 7:30-8:15 p.m.	ALL BELT TEEN/ADULT 7:30-8:15 p.m.	ALL BELT TEEN/ADULT 7:30-8:15 p.m.	<b><u>ASK ABOUT OUR</u></b> <b><u>EXCITING</u></b> <b><u>BIRTHDAY</u></b> <b><u>PARTIES!!!</u></b>	Little Ninjas: 4-5 YRS. JR: 9-13 YRS. TEEN/AD: 14 AND UP ALL KIDS: 6-9 YRS.

\*Students will attend class with their belt only. Students must try to be at class on time. Students will sit inside by the mirror to wait for their class to start. Students must ask permission to enter class if they are late. Students must try their best in every class! \*